

# **Infant Safety**

**[Name of presenter]**  
**[Date of presentation]**



# Traveling in Vehicle

- **Seat meets safety standards**
- **Install seat properly**
- **Never hold in arms**
- **Middle of back seat**
- **Not in front of airbag**
- **Rear facing seat: 20 lbs and one year**
- **Booster seat: 40 lbs**



# Is this safe?



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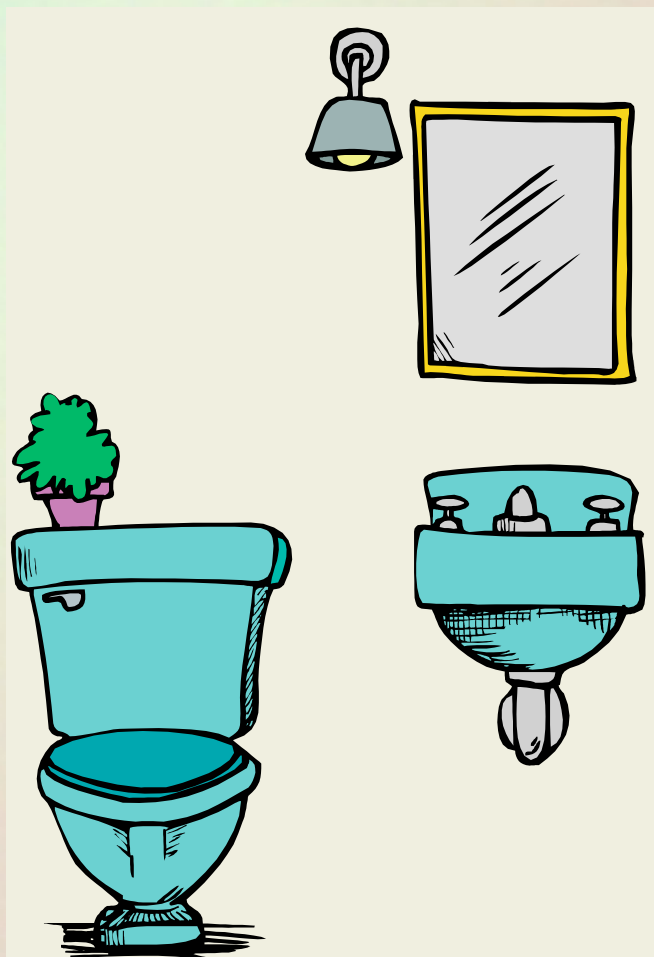


# **General Home Safety Tips**

- **Never leave children unattended in the house**
- **Always know what your child is doing**
- **Remove dangerous objects - childproof your home**
- **Lock up/remove weapons**



# Bathroom Safety



- Cabinet locks
- Dangerous items out of reach
- Unplug electric items
- Toilet lid locked
- Tub spout cover and nonskid mat
- Garbage covered



# Safe Bath Time Tips:

- **NEVER** leave child unattended
- **Gather ALL** supplies before bath
- **Sponge bath** until umbilical cord drops
- **Test water temp**
- **Dangerous items** out of reach
- **Provide bath toys**





# TRUE or FALSE?



- When bathing baby and phone rings, it is okay to leave bathroom to see who is calling because baby is sitting in a safety tub seat.





# Kitchen Safety

- Cabinet locks
- Remove stove knobs
- Dangerous items out of reach
- Don't carry baby when cooking
- Garbage tightly covered
- Cleaning supplies locked up
- Clean up spills



# Food Safety



- Know common food allergies
- Safe feeding chair
- Wash hands
- Put food in separate bowl for feeding
- Discard leftovers



# TRUE or FALSE?

- Your child is hungry so you open a jar of baby food and feed her out of it. It is okay to close the baby food jar and put it in the refrigerator until she is hungry again.



# **Safety Equipment to Consider**

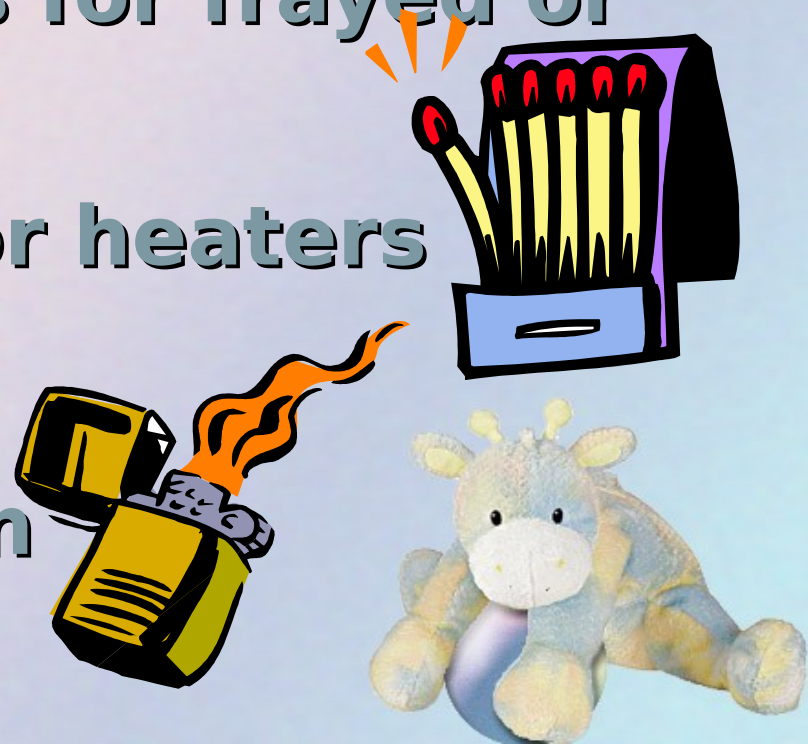
- **Baby gate**
- **Cabinet locks**
- **Electric outlet covers**
- **Corner guards**
- **Toilet lid locks**
- **High chair or booster seat**
- **Baby monitors**
- **Car seat (required)**





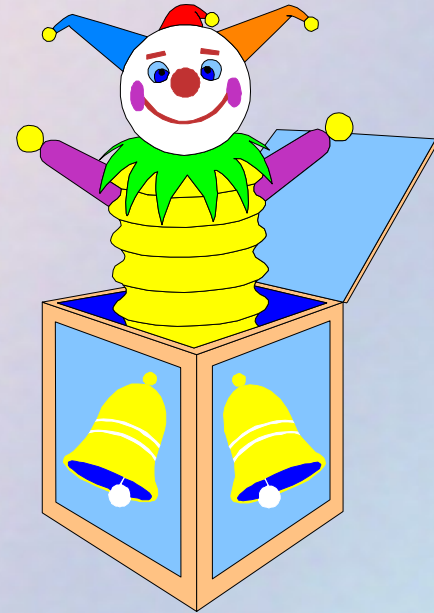
# Fire Prevention

- Matches and lighters out of reach
- Don't overload electric outlet
- Check electric cords for frayed or exposed wires
- Monitor fireplaces or heaters
- Use smoke alarms
- Develop escape plan



# Choosing Toys & Playthings

- Safe?
- Age appropriate?
- Stimulating?



# Around Family Pets

- Obedience training
- Decide sleeping arrangements
- Complete checkup
- Keep pet out of room
- Food/water out of baby's reach
- Spay/neuter pets
- Time with pets
- NEVER leave child alone





# Safe Sleeping Suggestions

- Front to play, back to sleep
- Firm mattress, tight sheets
- Comfortable room temperature
- Baby monitors
- 2 3/8 inch crib slats





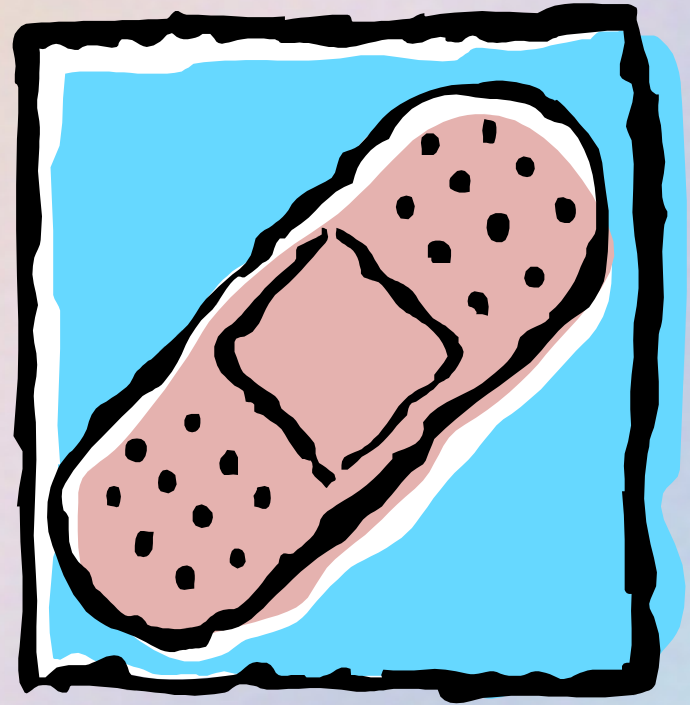
# First Aid Tips

- **Keep number of doctor near phone**
- **Take an infant CPR course, keep skills up to date**
- **Know what to do for common, non-emergency accidents**



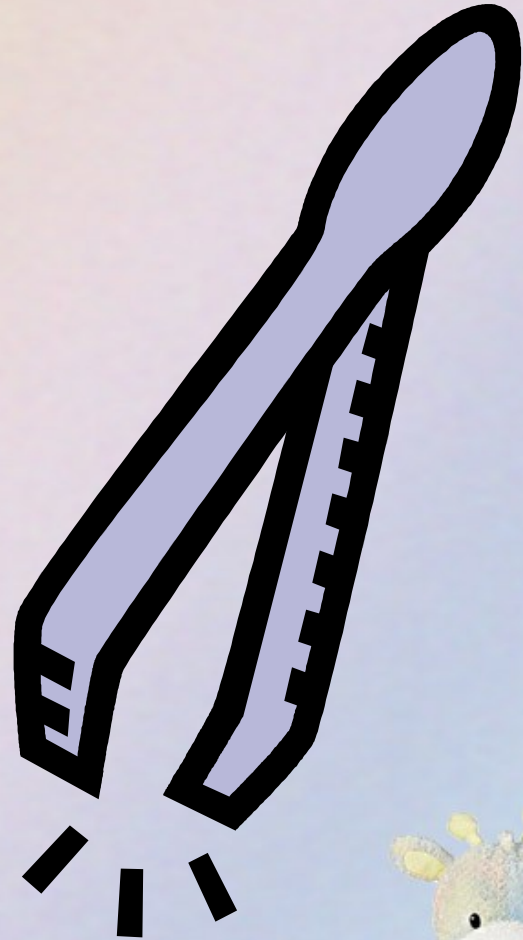
# Cuts and Scrapes

- **Clean wound**
- **Use soap and water**
- **Apply bandage**
- **Keep eye on healing progress**



# Splinters

- **Wash site**
- **Numb with ice**
- **Use tweezers to remove**
- **Wash again after splinter is removed**



# Sunburn



- Use sunscreen!
- Apply cold compresses
- Use moisturizing cream
- NO petroleum jelly
- May give pain reliever





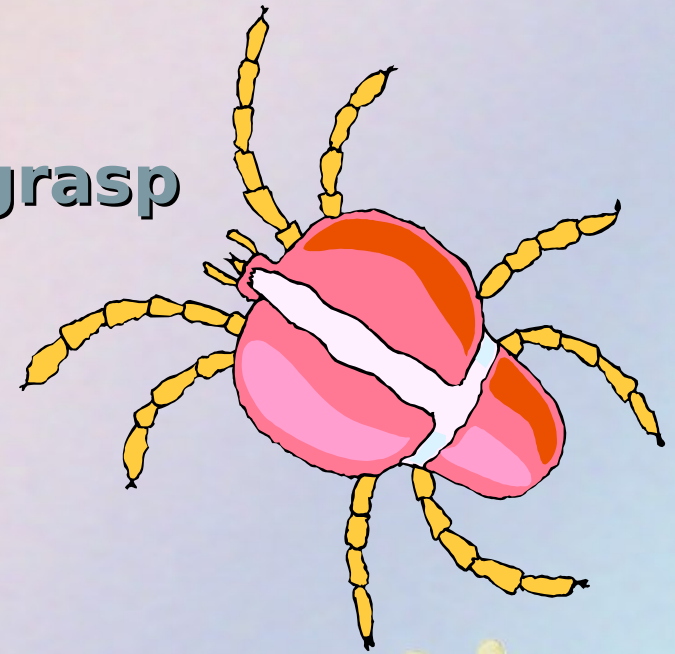
# Insect bites - Bees

- **Remove stinger**
- **Wash site**
- **Apply ice or cold compress**
- **Watch for allergic reaction**



# Insect bites - Ticks

- **Remove promptly:**
  - Grasp close to skin
  - Pull upward with steady grasp
- **No folk remedies**
- **Watch for symptoms**
  - Lyme disease
  - Rocky Mountain Spotted Fever



# Emergency Signs

- **No pulse or breath**
- **Major injury**
- **Choking**
- **Unconsciousness**
- **Active bleeding**
- **Poisoning**



# **Emergency Signs (continued)**

- **Stupor, drowsiness, or lethargy**
- **Severe allergic reactions**
- **Shortness of breath**
- **Severe pain**
- **Seizures**
- **Fever**





# Poison Control Safety Tips

- Keep medicine, cleaners, etc. out of reach
- Use childproof containers
- Discard properly
- Don't store food with nonfood items
- Use a "poison label"
- Post poison control phone number



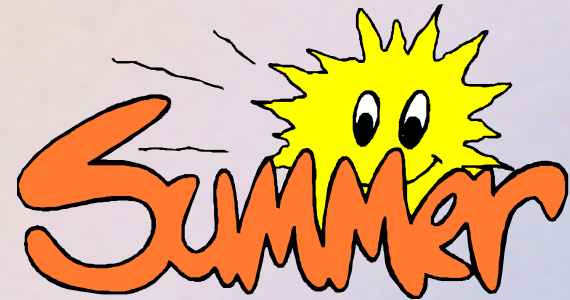
# If suspect poisoning....

- Immediately call doctor or poison control
- Supply information requested
- Follow instructions given



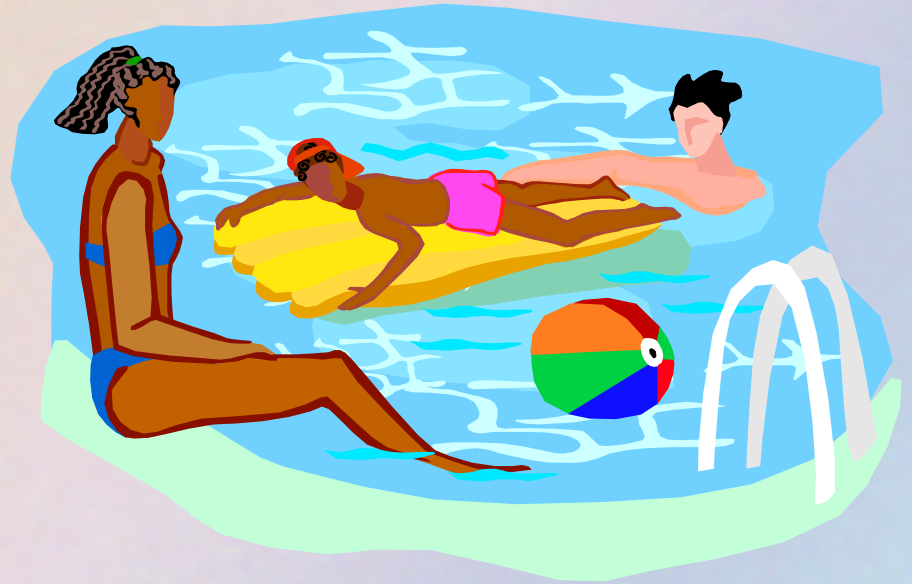
# Summer Fun Around Water

- Never leave child unattended
- Have head control
- Do not force child into water
- 1 child:1 adult ratio
- Life jackets
- Use sunscreen as recommended
- Know CPR



# TRUE or FALSE?

- You are planning a trip to the pool. You are only going to be there for about an hour. You don't need to put sunscreen on your child.





# References

- ***What to Expect the First Year***  
**(1996)**

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